



24 Hour Prayer Vigil Guide 2021

RECONNECT Through Prayer & Fasting

6:00 AM Monday, January 25th – 6:00 AM Tuesday, January 26th

24 Hour Prayer Vigil Sign-up: <https://www.signupgenius.com/go/30e0b49aeab2ba3fb6-prayer>

We've been called to pray for communities, a nation, and a world that needs God's presence more than ever. We ask that individuals and ministries sign up for a particular hour and set aside designated time during that hour to come before the Lord in faith, and with expectation of God's power making the difference regarding every circumstance. Groups or ministries may pray together via conference call or Zoom.

We also invite everyone to begin and/or end the 24 Hour Prayer Vigil in prayer via our weekly prayer call weekdays at 6:00 AM (Call 1-206-279-9167 Code 126918#)

What is Prayer?

Prayer is a conversation with God; Intimacy with the Father; An expression of dependency upon God for all things; Respecting God's foundational authority between the heavens and the earth that his will be done.

The Lord's Prayer is a model prayer given to us on how to pray, as we grow in deeper relationship with God. Our prayers and prayer life becomes more personable with the Father. Prayer and the Word of God is a lethal weapon that God has given us. (*Matthew 6:9-13*)

Why mankind should pray?

The Lord thy God has given us legal authority over the earth and the answers to all our situations. When we read the **Word of God**, we now can **activate** his promises, for what we bind on earth shall be bound in heaven and whatever we loose on earth, shall be loose in heaven. Jesus spent time with the Father because he knew in order to accomplish the things of God he needed the Lord's direction and strength. But most of all he felt his unconditional love. (*Genesis 1:27-31; Matthew 18:18; Romans 8:37-39*)

Possible Format

The following is a guide for spending one hour in prayer. It divides the time into twelve sections, allotting five minutes for each facet of prayer.

- **Praise** - Begin by naming the names of God, thinking about His nature, praising Him, and delighting in Him and His work. (*Psalm 100:4*)
- **Read Scripture** - Read or quote a psalm of praise to the Lord. Pray through a psalm. Ask God to give you understanding as you read His Word. Let the Scriptures fill your mind and impact your heart. (*2 Timothy 3:16-17*)
- **Meditate on God's Word** - Take time to meditate on the Scripture you have just read or on other passages that come to mind. (*Psalm 119:11, 15*)
- **Confess** - Evaluate specific attitudes, thoughts, words, and actions that God brings to mind as you come before His throne of grace. Confess your sins to God and humbly ask for His forgiveness and cleansing. (*1 John 1:9*)



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- **Intercede** - Beseech the Lord on behalf of others. Pray for revival in the hearts of believers. Pray diligently for the needs that come to mind. (*1 Timothy 2:1*)
- **Listen** - Wait before God in worshipful silence. Quiet your heart and be still before God. Ask God to speak to you through His Word. Listen. (*Psalm 29:2, 4*)
- **Record your prayers and insights** - Keep a prayer journal. Write out prayers of worship, intercession, and petition. Write down the insights and direction God gives you during your prayer time.
- **Petition for daily needs** - Bring your personal requests to God. (*Philippians 4:6–7*)
- **Pray for the family** - Pray for your family. Pray for families in general. Ask the Lord to strengthen marriages and uphold family relationships. (*Psalm 133:1*)
- **Pray for the church** - Pray for the unity of believers, for those in your church, for your church leadership, and for the universal Body of Christ. (*1 Corinthians 12:12, 27; 1 Thessalonians 5:23–24*)
- **Pray for government leaders** - Pray that God will give our leaders Godly wisdom and understanding. Pray for local, national, and international concerns. (*Romans 13:1, 4*)
- **Give thanks** - Think about the good gifts God has given you and express your gratitude for His care and provision. Praise God for all that He has done and for all that He will do. (*1 Thessalonians 5:18; Psalm 103:1–5*)

As we pray for our families, church, and community, we will seek to pray with fervency and power. And as we pray for our state, nation, and world, we will seek to pray with mountain moving faith and conviction. We know that when we humble ourselves before our Maker and Creator, our cries will be heard, lives will change, and grace will have its perfect work!

“So Jesus said to them, “This kind can come out by nothing but prayer and fasting.” -Mark 9:29